



Approved by Like2Run



# MARATHON ROTTERDAM

Sunday 16 April 2023  
#demooste



**Hilton Business Lounge**

**Finish**  
12.03.00  
16.10.00

**30 km**  
11.27.27  
14.34.00

**40 km**  
11.56.36  
15.55.00

**35 km**  
11.42.02  
15.15.00

**25 km**  
11.12.53  
13.55.00

**20 km**  
10.58.18  
13.18.00

**15 km**  
10.43.44  
12.37.00

**10 km**  
10.29.09  
11.57.00

- Course & course direction
- 5 km point with expected split times first runners and race course time limit
- Relay point TBI Business Estafette Marathon
- Relay point TBI Business Duo Marathon
- Marathon Sport Expo - Information point
- Provision Post  
AA Drink Iso Lemon - Water
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- Sponge Post
- Medical support
- Hospital
- Running Supporter

**ss Rotterdam**

**Half Marathon**  
11.02.00 / 13.09.00

**BDM**

**BEM 2**

**SLINGE**

**BEM 1**

**5 km**  
10.14.35  
11.18.00

- Subway station
- Railway station
- Heartbeat of Rotterdam Music Bands